



## **Thermography Client Preparation and Recommendations**

### **Prior to the appointment, the client must be advised:**

- No breast surgery, chemotherapy or radiation treatments 3 months prior.
- No breast biopsy for one month prior.
- Lactation: Imaging is recommended if there is a problem or concern, but a baseline is not recommended for at least 3 months after the last active breastfeeding.

### **24 Hours Prior**

- Avoid exercise or heavy physical activity.
- No massage or lymph treatments.
- No chiropractic adjustments.
- No saunas, steam bath or hot tub.
- No hot or cold packs.
- Avoid spicy food 24 hours prior to imaging
- No Alcohol –*preferred*

### **Day of Exam:**

- Avoid deodorant or creams on the skin, especially oils.
- Absolutely no heat lamps or sunburn. You will have to reschedule.
- Do not shave area to be imaged.
- No food or drink 2 hours before imaging and no chewing gum.
- No coffee or cigarettes for at least 2 hours before imaging.
- Client must remove all jewelry in the area to be imaged.



# Confidential Questionnaire

## *Men's Comprehensive Full Body*

Name \_\_\_\_\_ Birth Date \_\_\_\_\_ Today's Date \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone Number (home) \_\_\_\_\_ (cellular) \_\_\_\_\_ (work) \_\_\_\_\_

E-Mail Address \_\_\_\_\_

Referring Physician \_\_\_\_\_

*All information given in the questionnaire will remain strictly confidential and will only be divulged to the reporting thermologist and any other practitioner that you specify.*

### ***Head & Neck***

**Yes No**

- |   |                       |                       |
|---|-----------------------|-----------------------|
| 1. Do you suffer with headaches?<br>If yes, <input type="radio"/> once a month or less <input type="radio"/> <b>more</b> than once a month        | <input type="radio"/> | <input type="radio"/> |
| 2. Do you have allergies? Food _____ Environmental _____  | <input type="radio"/> | <input type="radio"/> |
| 3. Do you have TMJ or does your jaw click?  | <input type="radio"/> | <input type="radio"/> |
| 4. Do you currently have a cold?  | <input type="radio"/> | <input type="radio"/> |
| 5. Are you being treated for a thyroid disorder? Type _____   | <input type="radio"/> | <input type="radio"/> |
| 6. Do you have neck pain?   | <input type="radio"/> | <input type="radio"/> |
| 7. Do you have upper back pain?   | <input type="radio"/> | <input type="radio"/> |
| 8. Do you have a history of carotid artery disease?   | <input type="radio"/> | <input type="radio"/> |
| 9. Do you have a family history of stroke?  | <input type="radio"/> | <input type="radio"/> |
| 10. Do you currently suffer with sinus problems?  | <input type="radio"/> | <input type="radio"/> |
| 11. Do you have history of dental problems?<br>Root canals ____ Gum disease ____ Implants ____<br><br>Non-replaced extractions ____ Dentures ____ | <input type="radio"/> | <input type="radio"/> |
| 12. Have you had dental cleaning in the past 7 days?  | <input type="radio"/> | <input type="radio"/> |

Do you have any special concerns or are there any details related to the information above?

# *Chest, Heart & Lungs*

- |   | <b>Yes</b>            | <b>No</b>             |
|---|-----------------------|-----------------------|
| 1. Have you been diagnosed with:              |                       |                       |
| Heart disease?                                | <input type="radio"/> | <input type="radio"/> |
| Lung disease?                                 | <input type="radio"/> | <input type="radio"/> |
| Upper spine disorders?                        | <input type="radio"/> | <input type="radio"/> |
| 2. Do you suffer with upper back pain?        | <input type="radio"/> | <input type="radio"/> |
| 3. Do you suffer with chest pain?             | <input type="radio"/> | <input type="radio"/> |
| 4. Have you ever had surgery to your:         |                       |                       |
| Heart?  | <input type="radio"/> | <input type="radio"/> |
| Lungs?  | <input type="radio"/> | <input type="radio"/> |
| Mid to upper back?                            | <input type="radio"/> | <input type="radio"/> |
| 5. Do you have asthma or shortness of breath? | <input type="radio"/> | <input type="radio"/> |
| 6. Do you currently smoke?                    | <input type="radio"/> | <input type="radio"/> |
| 7. Have you smoked in the past 5 years?       | <input type="radio"/> | <input type="radio"/> |

Do you have any special concerns or are there any details related to the information above?

# *Abdomen & Lower Back*

	<b>Yes</b>	<b>No</b>		<b>Yes</b>	<b>No</b>
1. Do you suffer with acid reflux or other digestive problems?	<input type="radio"/>	<input type="radio"/>	Have you had surgery or disease in the:		
2. Do you suffer pain in the:			Stomach?	<input type="radio"/>	<input type="radio"/>
Stomach?	<input type="radio"/>	<input type="radio"/>	Spleen(Upper Left) ?	<input type="radio"/>	<input type="radio"/>
Below R Breast?	<input type="radio"/>	<input type="radio"/>	Liver(Upper Right) ?	<input type="radio"/>	<input type="radio"/>
Below L Breast?	<input type="radio"/>	<input type="radio"/>	Kidneys ?	<input type="radio"/>	<input type="radio"/>
Abdomen?	<input type="radio"/>	<input type="radio"/>	Intestines ?	<input type="radio"/>	<input type="radio"/>
Lower Back?	<input type="radio"/>	<input type="radio"/>	Abdomen ?	<input type="radio"/>	<input type="radio"/>
Pelvic Region?	<input type="radio"/>	<input type="radio"/>	Lower Back?	<input type="radio"/>	<input type="radio"/>
			Pelvic Region?	<input type="radio"/>	<input type="radio"/>

Have you consumed alcohol in the past 24 hours?

# Legs & Feet

Check only if “Yes”

1. Do you suffer pain in the:	LT	RT	2. Have you had Surgery to:	LT	RT
Leg?	<input type="radio"/>	<input type="radio"/>	Leg?	<input type="radio"/>	<input type="radio"/>
Sciatica?	<input type="radio"/>	<input type="radio"/>	Sciatica?	<input type="radio"/>	<input type="radio"/>
Buttocks/Hip?	<input type="radio"/>	<input type="radio"/>	Buttocks/Hip?	<input type="radio"/>	<input type="radio"/>
Knees?	<input type="radio"/>	<input type="radio"/>	Knees?	<input type="radio"/>	<input type="radio"/>
Ankles?	<input type="radio"/>	<input type="radio"/>	Ankles?	<input type="radio"/>	<input type="radio"/>
Feet?	<input type="radio"/>	<input type="radio"/>	Feet?	<input type="radio"/>	<input type="radio"/>

Do you have any special concerns or are there any details related to the information above?

# Arms & Hands

*(Check only if “yes”)*

1. Do you suffer with pain in the:	LT	RT	2. Have you had surgery to:	LT	RT
Shoulder?	<input type="radio"/>	<input type="radio"/>	Shoulder?	<input type="radio"/>	<input type="radio"/>
Elbow?	<input type="radio"/>	<input type="radio"/>	Elbow?	<input type="radio"/>	<input type="radio"/>
Arm?	<input type="radio"/>	<input type="radio"/>	Arm?	<input type="radio"/>	<input type="radio"/>
Hands?	<input type="radio"/>	<input type="radio"/>	Hands?	<input type="radio"/>	<input type="radio"/>

Do you have any special concerns or are there any details related to the information above?

**Procedure:** You will be imaged with a state of the art infrared imaging camera in comfortable and controlled surroundings. Your thermal imaging baseline reports will provide information about current and future conditions only and does not diagnose breast disease. Thermal imaging should be correlated with other medical investigative methods to better direct definitive testing for diagnosis and treatment. It does not replace any other breast examination.

**Patient Disclosure:** I understand that the report generated from my images is intended for use by a trained health care provider to assist in evaluation and treatment. I further understand that the report is not intended to be used by myself for self-evaluation or self-diagnosis. I understand that the report will not tell me whether, I have any illness, diseases, or other conditions, but will be an analysis of the images with respect only to the thermographic findings discussed in the report.

*By signing below, I certify that I have read and understand the statement above and consent to the examination.*

Patient Signature \_\_\_\_\_ Today’s Date \_\_\_\_\_



# Thermography Informed Consent

I consent to a thermography procedure by a certified clinical thermographer on the staff of Thermal Imaging Services. I understand that a thermographer is a photographer and not trained nor educated to read the results of my thermogram. I have been informed that a radiologist or a medical doctor trained to read thermograms will read my thermogram and that I will be provided with the findings and images in a report form. I understand that thermography in no way replaces mammography, but rather is an adjunct procedure to a mammogram. I also understand that a biopsy is the only definite indicator for any high breast risks that might be present.

Initial all that apply:

I have had a mammogram(s) in the past and am choosing to have a thermogram today.

I have never had a mammogram and am choosing to have a thermogram today.

I have had a thermogram(s) in the past and am choosing to have a follow-up today.

I understand that it is my responsibility and decision to seek out further medical attention and undergo an ultra-sound, mammogram or biopsy if breast disease is indicated from a thermogram report.

I understand that a thermogram examines the physiological processes of the body versus the anatomical aspects of the body. I am consenting to this procedure without any pressure from a staff member of Thermal Imaging Services.

\_\_\_\_\_  
Client or Responsible Party Signature

\_\_\_\_\_  
Date

Angel Marlow, CCT

\_\_\_\_\_  
Angel Marlow, CCT

*A photocopy of this document shall be considered as effective and valid as the original.*

Thermal Imaging Services  
24550 Kingsland Blvd. Katy, TX 77494  
713-621-4406(office) – 713-589-8615(fax)

# Thermal Imaging Services

## Release of Client Information and Authorization.

By signing this document, I am authorizing Thermal Imaging Services to communicate my Physician's Insight Thermography Report to either my home address, another address listed below, or through Sendinc, an encrypted secure services, to my email listed below. I understand that any information on file will not be released to any outside 3<sup>rd</sup> party without my prior written permission.

Please indicate form of delivery you prefer when your report is ready

(Please **Check** Only One):

- Email
- Mail

Mail/Email Address: \_\_\_\_\_

### Referring Doctor Only:

As a courtesy to you we send **one (1)** copy at no charge to the doctor who **referred you.**

- I would like my referring doctor to have a copy of the report

Mail/Email Address: \_\_\_\_\_

Additional Mailed (\$10 charge per doctor): \_\_\_\_\_

\_\_\_\_\_

Disclaimer: Thermal Imaging Service is not responsible for non-delivery due to incorrect information given.

\_\_\_\_\_  
Client Printed Name

I would like to join your email List: \_\_\_\_\_  
Initials

\_\_\_\_\_  
Client Signature or Responsible Party

\_\_\_\_\_  
Date



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